

2023 Information Packet



STUDENT-ATHLETE REGISTRATION TIMELINE:

(see also the Event Calendar on page 2)

April 1-June 1: West Granite Team registration.

<https://wgcmtnb.org/join-team/>

April 1-June 1: Utah League registration.

<https://www.utahmtb.org/pitzone>

June 1: Utah League registration closes at 11:59 pm and Utah League Registration fees are due. \$25 late fee after this date.

June 8: Late registration closes for the Utah League at 11:59 pm: Riders will not be allowed to register after this date.

When registering for the 2023 season, "Current Grade" is the grade your student will be in during the fall of 2023.

***Required* West Granite Team Fee**

\$100 for the first student & \$50 for each additional student.

Also refer to the "WGCMTNB Fees Summary / How do I register and pay to join WGCMTNB?" document on the West Granite team website for more information.

- <https://wgcmtnb.org/> > Join our Team! > 2023-Fees-and-Registration

- <https://wgcmtnb.org/wp-content/uploads/2023/03/WGCMTNB-2023-Fees.pdf>

UTAH LEAGUE REGISTRATION FEES:

Required (Note: these are separate from the team fees.)

Jr Development (7-8th Grade, 23/24 school year):

\$250* - 3 regional races

\$250 Utah League Fee + \$40 NICA membership fee = \$290

High School (9-12th Grade, 23/24 school year):

\$300* - 4 regional races + a qualification-based state championship race

\$300 Utah League Fee + \$40 NICA membership fee = \$340

*The 2023 fee is a single, one-time-payment that covers all practices, regional races, and any other Utah High School Cycling League events during the 2023 season. The State Championship is now a qualifying race and does not cost an additional fee.

For more Utah League registration information, go to:

<https://www.utahmtb.org/pitzone>

| Team Kit | |
|---|--|
| \$120, Competition Kit (Recommended) | \$130, Mountain Baggy Kit |
| Pro XC Jersey Pro XC Shorts (or Gravel Bibs additional \$10) | Enduro Jersey Enduro (Baggy) Shorts – w/liner and chamois |
| Team Kit sizes will be measured and determined at Team FIT Night. Refer to the calendar of events for Team FIT Night dates. Purchasing of individual items or Mix-N-Matching of jersey with shorts is allowed. The team jersey is required for the team uniform. Check the team store for current pricing. Contact our Team Treasurer for payment and instructions for ordering. Team Treasurer, Ron Whicker, rrwhicker@yahoo.com | |

Additional Team Store Items: (including items from the team kits.)

* Team store will be open to riders, family members, and acquaintances at the team discount prices. Items purchased from the team store may take a minimum of 6 weeks for delivery after the team store closes. See team store website for current inventory and pricing. Some additional items that may be included in the team store are:

Socks Shop Shirt
Windbreak Cycling Jacket (Baseball) Hat

What do I need? (These are personal expenses not covered by the team.)

| | | |
|---|------------------------------|---------------------|
| **Quality Mountain Bike *Required* | Sunglasses | Frame Pump |
| Helmet *Required* | Bike Light (for night rides) | Spare tube |
| Water Bottle or Camelbak | - 1000 lumens, minimum | Tire Levers |
| - plus water bottle cage | Seat Bag | Snacks for the ride |
| Cycling Gloves | Multi-Tool | |

****Note:** If you do not have access to a quality mountain bike please contact **Emilio Bucio**, emilio@usexpress.org and we will get you a Loaner Bike to use for the season.

Note: If the student has a desire to ride, but does not have the funds, please contact our team Treasurer, Ron Whicker, rrwhicker@yahoo.com. All other questions or concerns, contact LeGrande Larsen, llarsen@envisioneng.com. We want you to participate with us and will work with your situation the best we can.

Last Updated: 03/09/2023

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| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------|---|---------|-----------|--------------------------------|--------|------------------------------|
| | *Team Practice @ Lodestone Park, 6-8pm | | | *Trail Practice Ride, 6-8pm | | **Team Trail Ride, 8-11am |

***Note:** Mid-August until end of season, bring your fully charged bike light regularly to all evening practices.

****Saturdays,** (April 1 – August 31): 8:00-11:00am, (September 1 – October 31): 9:00am-12:00pm

| NICA / Utah League | West Granite | Other |
|---|--|---|
| April 2023 | | |
| 1 - Student-Athlete registration opens, https://www.utahmtb.org/pitzone 1 - Scholarship Applications opens, https://www.utahmtb.org/scholarships 1 - Pre-Season Begins 1 - Loaner Bike Checkout opens, https://www.utahmtb.org/loaner-bike-program | 1 - Team registration opens, financial assistance available, https://wgcmtnb.org/join-team/ 20 - Team FIT Night #1 21-30 - Team Store #1 | |
| May 2023 | | |
| | TBD - Season Kickoff Party TBD - Dig Day | 17 - National Bike to School Day 19 - National Bike to Work Day 29 - No School, Memorial Day |
| June 2023 | | |
| 1 - Student-Athlete registration closes 1 - Regular season begins 8 - Late registration closes | 1 - Team registration closes 1 - Team FIT Night #2 2-11 - Team Store #2 | 2 - Last day of school – GSD 3 - National Trails Day |
| July 2023 | | |
| | TBD - Team Campout | 4 - Independence Day 24 - Pioneer Day |
| August 2023 | | |
| 19 - Race #1, Powder Mountain | 17 - 6pm Carb-Up, Race #1 18 - 5pm Pre-Ride, Race #1 21 - 6pm Clean team trailer 31 - 6pm Carb-Up, Race #2 TBD - Team Pictures | 14 - School Begins - GSD |
| September 2023 | | |
| 2 - Race #2, Snowbasin 16 - Race #3, Richfield 30 - Race #4, Price | 1 - 5pm Pre-Ride, Race #2 4 - 6pm Clean team trailer 14 - 6pm Carb-Up, Race #3 15 - 5pm Pre-Ride, Race #3 18 - 6pm Clean team trailer 28 - 6pm Carb-Up, Race #4 29 - 5pm Pre-Ride, Race #4 | 1 - No School, Teacher Contract Day - GSD 4 – No School, Labor Day 18-19 - Parent / Teach Conf - Sr 19-20 - Parent / Teach Conf - Jr 22 - No School, Teacher Compensatory Day - GSD |
| October 2023 | | |
| 20-21 - State Champs | 2 - 6pm Clean team trailer | 12-13 - No School, Fall Recess - GSD 15 - Deadline to form new clubs - GSD 16 - No School, Teacher Contract Day - GSD |
| November 2023 | | |
| | 4 - End of Season Party | 5 - Daylight Savings Time Ends |

Note: Dates and times are subject to change without notice.

GSD = Granite School District TBD = To Be Determined



For Riders & Parents:

New Riders: Please request an emailed Pit Zone invitation from your head coach. From the email, use the one-time link to set up an account and then follow the steps to complete the registration process. All rider registration is now associated with a parent or guardian email. You may use the same email for multiple rider accounts and one coach account.

Existing/Returning Riders: Returning riders should be re-sent invitations by their coach. If you did not receive an invite, you may still log in directly at pitzone.nationalmtb.org with your email and password that you used the previous year. Notify your coach if your account is inactive.

When registering for the 2023 season, "Current Grade" is the grade your student will be in during the fall of 2023.

PRIVACY POLICY

The Utah League and NICA values its participants' privacy. Parents or legal guardians must complete the registration of students and sign waivers. Your personal information is not shared with any third parties. During the registration process, you can choose to opt-in and share your information with Dirt Rag and IMBA. By registering with the Utah League, you agree to receive internal correspondence.

RIDER REGISTRATION QUESTIONS:

Q: How do I register through the Pit Zone?

Your coach sends an email invitation from the PitZone. Once you have clicked on the invitation link, follow the registration process, filling in all information and paying the NICA/League fees.

Q: Can I participate before I am fully registered?

NO. Riders must be fully registered in order to participate at practices or any other Utah High School Cycling League events. Riders ARE NOT INSURED until they are fully registered (signed waiver and complete payment).

Q: I can't remember my email/username to login?

The email invitation was sent to the email you used to sign up. Your coach can also verify your email login. If you forgot your password, click on the forgot password link.

Q: I entered incorrect information (e.g. birthdate, medical information), how do I change this?

Log in to your Pit Zone account and change the info clicking the "rider profile" button, then the "rider information" tab and then the "edit" button.

New and returning riders may attend one (1) team practice as a "try-it-out" ride before registering. A parent/guardian must sign a waiver before the rider may participate in one practice. The waiver may be provided by the coach. After "try-it-out", for liability reasons, riders cannot ride with the team until fully registered with NICA and the Utah League.

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Website Resources:

Utah High School Cycling League: <https://www.utahmtb.org/>

- Register: <https://www.utahmtb.org/pitzone>
- Rulebook: <https://drive.google.com/file/d/1hDNmIVrdH1v0MPN5Qi8sNAEnD5bFVYk/view>
- Races: <https://www.utahmtb.org/race>
- Utah League Licensed Coach & Registered Athlete Benefits: <https://www.utahmtb.org/discounts>

West Granite Composite Mountain Bike Team: <https://wgcmtnb.org/>

- Register: <https://wgcmtnb.org/join-team/>
- 2023 Team Registration:
<https://docs.google.com/forms/d/e/1FAIpQLSdg5DtYbVHBZLxz1BPjTgvQVOKZg4tCcSpw6cVSWdspft9OAAQ/viewform>
- How Do I Register? <https://wgcmtnb.org/wp-content/uploads/2023/03/WGCMTB-2023-Fees.pdf>
- Rulebook: <https://wgcmtnb.org/wp-content/uploads/2021/03/2020-West-Granite-Rulebook-3.pdf>
 - The rulebook includes helpful tips for choosing a bike, choosing a helmet, proper clothing, cycling gear, trail etiquette, and more.
- Join Discord: <https://discord.gg/YqurNrfkUZ>
- Facebook: <https://www.facebook.com/groups/wgcmtnb/>
- Instagram: <https://www.instagram.com/wgcmtnb/>
- Twitter: <https://twitter.com/wgcmtnb>
- Team Email: wgcmtnb@gmail.com
- Head Coach, Rochelle Bartschi: rochellebartschi@yahoo.com
- Team Director, LeGrande Larsen: llarsen@envisioneng.com
- Board of Directors: <https://wgcmtnb.org/about/board-of-directors/>